

The Fruits of the Spirit are love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.

This week we will explore the Fruits of the Spirit that are revealed to us in the teachings of Paul in The Book of Galatians.

Fruits of the Spirit Family Fun

If we live by the Spirit, let us also be guided by the Spirit. “ Galatians 5:25



Kindness—Ephesians 4:32

Read today's scripture and as a family pray for the message to enter your hearts. Gather together and brainstorm how your family can be kinder to one another. Discuss your daily actions, your tones of voice, and the looks on your faces. Place the name of each family member in a hat and take turns drawing names. Spend the day focusing on being kind to that person in a variety of ways.

Patience /Joy — Colossians 1:11

Read today's scripture and as a family pray for the message to enter your hearts. Sometimes when we think of joy—sunshine and blue skies come to mind. In today's scripture, we see God's power glorified by our joy in our daily circumstances. Today create a piece of art on a bookmark to remind you that with patience we can face all that life has, joyfully.

Peace —Hebrews 12:14

Read today's scripture and as a family pray for the message to enter your hearts. This scripture should be shouted from the rooftops. It doesn't say "Be" in peace. It says to "PURSUE" it. Today is a day to do more than think about peace, it is a day to actively DO SOMETHING. Say words that bring peace. Act as if peace were your top priority with EVERYONE.

Love/Generosity—1 John 4:7-17

Read today's scripture and as a family pray for the message to enter your hearts. The love that we have and show for others comes simply from the fact that we are loved. Who in your life needs to know that you love them. A friend? A family member? A neighbor? Today is the day to tell them. Again and again!

Gentleness/Self-control —Galatians 6: 1

Read today's scripture and as a family pray for the message to enter your hearts. Are you gentle with yourself? Are you gentle with others? God gives you the control to tenderly live with others. How will you remind yourself to be tending in your thoughts and deeds? Today, find or create a symbol of gentleness.

Faithfulness—Hebrews 10:23

Read today's scripture and as a family pray for the message to enter your hearts. HOPE—Isn't it a great word? Scripture brings our hope and God's faithfulness together in the book of Hebrews. Today as a family, decide how you can live the hope of Jesus Christ into this world as a sign of your faithfulness.